

Upcoming Events

⇒ **Extraordinary General Meeting – Friday 1st August 2025**

This is a special meeting, called outside our usual schedule, to update you on important developments and to ask for your involvement in shaping the future of our charity.

You will have the opportunity to hear about the positive changes already happening at Mid Norfolk Mencap. We will also provide an update on the progress made since our last CQC inspection and introduce you to the new members of our management team. The meeting will include time for questions and answers with both the Chair and Ciaran (our CEO).

Members will be asked to vote on the nomination and election of new trustees. Your vote and input are essential to ensure decisions reflect the needs and wishes of our members.

Even if you have not been active recently, this is a chance to reconnect, stay informed, and help us become a more inclusive and responsive organisation. If you cannot attend in person, please let us know if you need options to participate remotely or to submit your vote in advance.

August 2025



Congratulations!

Meryle, one of our Community Outreach Support staff, has recently been promoted to Deputy Manager of the service! This is an incredible achievement, and we would like to wish her the best of luck in her new role!



We have also recently welcomed Trevor as a new support worker in our Community Outreach Support service. He is already an excellent addition to the team!



Annual Summer Barbeque 2025

On Saturday 12th July, Mid Norfolk Mencap hosted its annual fundraising Summer Barbeque. The event was a huge success, with lots of friends, family, service users, residents and staff in attendance. We ate delicious hot dogs, burgers and cakes, and had the chance to play all sorts of different games, including archery, a tombola, raffle, and the chance to throw wet sponges at Mel, Nina and Jon!

We ended up raising a whopping **£1386.28** for Mid Norfolk Mencap, which was an incredible achievement. Thank you so much to those who attended and contributed.

We would also like to take this opportunity to thank all those involved in organising the event – so much hard work and dedication went into the Summer barbeque, and it really showed. We received so many wonderful donations for prizes for our raffle and tombola, which were greatly appreciated by all. What an amazing day!



What's been going on in the Community Outreach Support service?

As usual, there have been lots of days out and activities run over the last month by our amazing staff team, including...



Cooking new foods



A trip to the coast



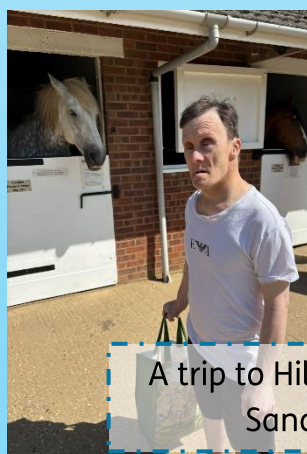
Volunteering at PACT Animal Sanctuary



Games



Sticker books



A trip to Hillside Animal Sanctuary



Sitting on a motorbike



A pamper day!



What's been going on in the Community Outreach Support service?



Shopping



Inclusive club at the UEA



Bowling



A trip to Norwich



Setting up for the Summer BBQ



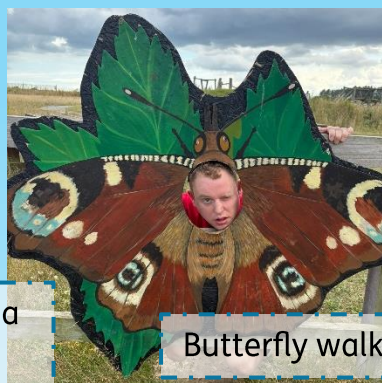
Trampolining



Baking



Building a ukelele



Butterfly walk at Carlton Marshes



What's been going at Merle Boddy House?

Our lovely residents have had some great days out and activities over the last month – here's a look at just a few!



A trip to Norwich



Out for coffee



Fun at the Summer BBQ



Out to town

What's been going at Merle Boddy House?

Our residents did a crafting activity together, and they had lots of fun creating different images and choosing colours!



Dereham & District Gateway Club

Gateway Club has now finished for the summer holidays but will resume on 12th September 2025. Please see the updated events calendar below.

Events Calendar - 12th September to 24th October

12th September – Ice Cream Social



19th September – Zumba

26th September – Gateway Stitchers



3rd October – Arts & Crafts

10th October – Music Club



17th October – Club Night

24th October – Halloween Themed Bingo

Also includes seasonal arts & crafts, topical quizzes and indoor sports

HALF TERM

At the Meeting Point
4 St. Withburga Lane
Dereham

Fridays – 7pm to 9pm

£3.00 Entry (plus money for refreshments and raffle)



NORFOLK LEARNING DISABILITY PARTNERSHIP

www.norfolkldpartnership.org.uk

Open to the public and can include:

- People with learning disabilities and their families / carers
- People who work at the County Council, including County Councillors
- People who provide services for people with learning disabilities
- People from the local area who want to help



SOUTH NORFOLK Locality Meeting

Next meeting:

Wednesday 24th September 2025,
1.30pm-3pm

Venue:

Dereham Community Hub
(Independence Matters)
1 Rashes Green, Dereham, NR19 1JG

WEST NORFOLK Locality Meeting

Next meeting:

Thursday 18th September 2025,
1.30pm-3pm

Venue:

Forward 33 Shop,
33 Broad Street,
Kings Lynn, PE30 1DP

NORTH NORFOLK Locality Meeting

Next meeting:

Wednesday 10th September 2025,
1.30pm-3pm

Venue:

About With Friends
22D Holt Road, Cromer, NR27 9JW

NORWICH Locality Meeting

Next meeting:

Wed 3rd September 2025,
1pm-2:30pm

Venue:

Lazar House, Sprowston Road,
Norwich, NR3 4HX



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QR code.



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